

East House Newsletter Class of 2022

Todd A. Richard, House Principal

J.P. Zucchero, Assistant Principal

Winter 2022

January 24, 2022

Dear Class of 2022:

As the first semester concludes and the second semester commences, we write to provide several updates and extend our sincere gratitude to students, faculty, staff, and parents who have shown such fortitude and resourcefulness during the most challenging couple of years in recent memory. As we continue to make progress on our central priorities in the East House, we look forward to an enriching and celebratory spring term with our seniors.

When we first wrote to you in our Fall 2021 Newsletter, we identified this year's class theme for the East House as *Building Social-Emotional Intelligence Skills*. We will continue building on our theme by offering the additional resources [What is Social-Emotional Learning?](#) and [Social-Emotional Skills: Well-being, Connectedness, and Success](#). These resources provide tools to further develop critical thinking skills and analysis, helpful both in an academic and professional environment now and in the years to come.

In closing, we want to recognize the resilience of our students during the last couple of years. There's a lot ahead of us to accomplish in the coming spring term and beyond. Our best hope for success, we are sure, is to work together. We look forward to doing so with all of you in support of our phenomenal Class of 2022 students!

January Testing Week

| Time: | Tues., Jan. 25th | Weds., Jan. 26th | Thurs., Jan. 27th | Fri., Jan. 28th No Classes Scheduled |
|-------------|--|--|---|---|
| 7:30-7:50 | Students enter exams | Students enter exams | 7:30-10:00 | Asynchronous Day Grading or Scheduled Make-Up Exam Times |
| 8:00-10:00 | Final Exams AP US Government Economics in the Real World Economics | Final Exams Rights and Responsibilities Participation in Government | Grading or Scheduled Make-Up Exam Times | |
| 10:05-10:30 | 1 | 1 | 1 | |
| 10:34-10:59 | 2 | 2 | 2 | |
| 11:03-11:30 | 3 | 3 | 3 | |
| 11:34-12:04 | 4 | 4 | 4 | |
| 12:08-12:38 | 5 | 5 | 5 | |
| 12:42-1:12 | 6 | 6 | 6 | |
| 1:16-1:46 | 7 | 7 | 7 | |
| 1:50-2:15 | 8 | 8 | 8 | |

Outstanding Admirals - MP1

The great character of just one student can help create not only a better school, but a better community and world. We appreciate all these students have done to create a positive climate at Arlington High School.

| | | |
|--------------------------|----------------------------|--------------------|
| ★ Besiana Adzovic | ★ Gwenyth Harrington | ★ Heidi Ruiz |
| ★ Claire Blaha | ★ Uriel Hernandez-Reyes | ★ Alicia Smith |
| ★ Todd Bruno | ★ Sienna Leak | ★ Katherine Tiess |
| ★ Maliah Conklin | ★ Trent Marchese | ★ Monee Terrelonge |
| ★ Kenneth Dandridge III | ★ Jordan Margiotta | ★ Kaiden Thomison |
| ★ Krystal Davies | ★ Everlin Martinez-Marcial | ★ Maegan Valdez |
| ★ Isabela DeJesus-Forero | ★ Brianna Nechifor | ★ Isaiah Weathers |
| ★ Leo DiGregorio | ★ Edgar Olmedo | ★ Gavin Wrisley |
| ★ Rachel Earnhart | ★ Sara Paone-Delgado | ★ Abir Zeroual |
| ★ Nneoma Ezeilo | ★ Jake Pasocello | |
| ★ Brianna Fasolino | ★ Madison Piacquadio | |
| | ★ Gabrielle Rice | |

Spring 2022 Class Dates, Events, and Information!

- **Friday, February 11th, Mr. Arlington 7:00 PM (Run by the Juniors, Class of 2023)**
- **Wednesday, March 2nd, Buff Bowl (2:30 - 5:00 PM)**
Our annual Buff Bowl game is a chance for our Admirals to show off their volleyball talents! Sign-ups for coaches and players will begin on Tuesday, January 18th in the main office and will run until Friday, February 4th.
Draft: (Coaches Only) - Monday, February 7th in room 1433 (Chef Losee's room) from 2:20 - 3:15 PM
- **Tuesday, April 26th, Honor Key Awards 7:00 PM**
- **Friday, June 10th: Senior BBQ (2:30 - 4:30 PM)**
Bring your yearbook and your appetite! Come enjoy the final Friday of high school with your friends, teachers, guidance counselors, office staff, and administrators!
- **Wednesday June 22nd: Senior Prom (5:30 - 10:30 PM)**
Get your dancing shoes on! It's our last big event together at The Grandview from 5:30 PM to 10:30 PM.
Informational Packet: Tuesday, April 5th in the East Office
Online Ticket Sales: Friday, May 2nd, thru Monday, May 16th
Registration & Table Selection: Thursday, May 19th from 5:00 PM - 7:00 PM in Café C/D
School Day Registration: Tuesday, May 23rd - Thursday, May 26th in room 1433
Prom: Wednesday, June 22nd from 5:30 PM - 10:30 PM
- **If you have any questions about these dates or events, please EMAIL us at seniorclass@acsdny.org for clarifications.**

Celebrating Black History Month

The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to generations of Black Americans during Black History Month.

To learn more please click [here](#).

**BLACK
HISTORY
MONTH**

Chromebook Store Hours

Have questions about Chromebooks? Replacements, repairs, and most anything Chromebook related can be addressed with our Chromebook Store! See schedule below.

BEFORE SCHOOL 7:15 - 7:40 AM



| | |
|-----------------|------------------|
| END OF PERIOD 1 | 8:16 - 8:35 AM |
| END OF PERIOD 2 | 9:06 - 9:20 AM |
| END OF PERIOD 3 | 10:01 - 10:11 AM |
| END OF PERIOD 4 | 10:52 - 11:05 AM |
| END OF PERIOD 5 | 11:43 - 11:55 AM |
| END OF PERIOD 6 | 12:34 - 12:45 PM |
| END OF PERIOD 7 | 1:25 - 1:40 PM |

Room 2328

AFTER SCHOOL 2:15 - 2:25 PM

Important Attendance Protocols & Expectations

All schools in the ACSD will collect and report daily teacher/student engagement or attendance regardless of the instructional setting. This will occur whether school opens in-person, hybrid, or remote. Teachers will record daily attendance in our student management system based on the required daily scheduled student contact and engagement. **Contact with the families will be made to determine reasons for absence and to offer assistance in any way regarding needs or barriers the student may have resulting in missed classes. All students are expected to attend school on time each and every day.**

If your student is unable to access learning due to sickness or other reasons, use the email below to communicate to the attendance office. In your email, please add the following:

- (1) the student's full name
- (2) days and dates absent from school
- (3) the reason for absence or tardiness

If a student arrives late or leaves school early they must sign in/out with the attendance office and obtain parent/guardian permission. All students must be in a designated school location in accordance with their schedule at all times.

NOTE: Please email: ahsattendance@acsdny.org when you are sending in a note for your child.

Docuseries Recommendation: *Welcome to Earth*

It might seem humans have mapped every inch of our planet's surface, but look closer and you'll discover that there is still so much more to uncover — the age of exploration is far from over! WELCOME TO EARTH, a Disney+ original series from National Geographic, explores Earth's greatest wonders. Find out more information [here](#).

Important School Information: Parents/Guardians please be aware that all students are responsible for knowing the contents of the [AHS Student Handbook](#) and the [District Code of Conduct](#)

Athletics: For more information on athletics, please click here: [Athletics](#)

Important 2022 Dates: SAT and ACT Exams @ AHS

- SAT Dates: March 12, May 7, June 4
- ACT Dates: April 2, June 11

Academic Support

Don't continue to struggle – help is available:

- Have you stayed after with your teacher? If not, find out when your teacher stays after. Your teacher is your best resource for extra help.
- Having trouble in math? Stop by the Math Learning Center during lunch or study hall. The MLC is open every period, every day, and is staffed by one of our math teachers. Simply ask your math teacher for a pass.
- The Foreign Language lab is now available during lunch periods. Ask your foreign language teacher or guidance counselor for more information.
- Need help with writing a paper for ANY subject? Stop in the Writing Lab and an English teacher will help you craft that great essay!
- Sign up to receive a PEER TUTOR! Work one-on-one with a student who has excelled in the subject you are struggling with. You and your tutor set the date and time that you will meet. This is a free service offered through the guidance department. Ask your school counselor for more information.
- Are you unsure of how to take class notes or how to study for a test? Your school counselor can assist you with study skills, test taking strategies, organization, and note-taking.

How to Obtain Working Papers

School districts in New York State must continue to issue employment certificates to qualified applicants, including during school closures. Section 3215-a of New York State Education Law requires schools to provide this service for pupils and employers in the community. School superintendents have the authority to designate principals or other school officials to act as certificating officials, and nonpublic schools and BOCES may issue such certificates to their own students. Minors may apply for certificates where they live, where they go to school, or where they are to be employed. During the period of school closures due to COVID-19, Arlington Central School District has elected to issue working papers using an alternative process. [Procedures](#) and [forms](#) can be found in the school website *QuickLinks* section under [Working Papers Instructions and Forms](#).

Dutchess BOCES CTI Counselors:

Kirstin Litwin, Students: A-K
845-486-8001 ext. 4534
kirstin.litwin@dcboces.org

Deanna Pillius, Students: L - Z
845-486-8001 x 4544
deanna.pillius@dcboces.org

Important School Information: Parents/Guardians please be aware that all students are responsible for knowing the contents of the AHS Student Handbook and the [District Code of Conduct](#)

Math, Science, and Technology Fair

Arlington District PTSA Council Invites All Students to Participate in the Math, Science, and Technology Fair.

Categories: *Physics, Chemistry, Biology, Environmental Sciences, Mathematics, Engineering, Computer Science, Behavior & Social Sciences, Earth and Space Science*

**Saturday – February 26th, 2022 (Snowdate - Sunday, February 27th) Arlington High School
8:30—12:00 noon**

Register Online at WWW.MSTFAIR.COM Due by January 24th, 2022

Students (5th—12th grades) have the option of having their science fair project judged. The top students from the judged portion will be able to participate in the Dutchess County Regional Science Fair held at Dutchess Community College on April 2nd. Judging for the MST Fair projects will follow the same guidelines as the Regional Science Fair. *In accordance with NYS and CDC Guidance, all those who are present in public indoor gatherings in P-12 school buildings must be wearing facial masks covering their noses and mouths. Arlington HS is a latex-free building and any projects that contain, or possibly contain, latex will not be allowed in the building for the MST Fair. Please confirm that your project contains no latex prior to the MST Fair; otherwise, your project may not be permitted into the building.*

Featured Article: *Understanding Heuristics*

A heuristic is a mental shortcut that allows an individual to make a decision, pass judgment, or solve a problem quickly and with minimal mental effort. While heuristics can reduce the burden of decision-making and free up limited cognitive resources, they can also be costly when they lead individuals to miss critical information or act on unjust biases.

As humans move throughout the world, they must process large amounts of information and make many choices with limited amounts of time. When information is missing, or an immediate decision is necessary, heuristics act as “rules of thumb” that guide behavior down the most efficient pathway.

Heuristics are not unique to humans; animals use heuristics that, though less complex, also serve to simplify decision-making and reduce cognitive load.

The study of heuristics was developed by renowned psychologists Daniel Kahneman and Amos Tversky. Starting in the 1970s, Kahneman and Tversky identified several different kinds of heuristics, most notably the availability heuristic and the anchoring heuristic.

Learn more by clicking [here](#).

Source: [Psychology Today](#)

Our mission is to empower all students to be self-directed, life-long learners, who willingly contribute to their community, and lead passionate, purposeful lives.

Please help us remain a latex-free school!